



Breezy Knoll Child Care Center  
311 Stillwater Road  
Smithfield, RI 02917  
(401) 232-7177



JANUARY 2011 NEWSLETTER

PRESCHOOL NEWS

We hope that everyone had a wonderful holiday and was able to share some unhurried time with family and friends. We wish you all health and prosperity in the new year. During the month of January, some goals we will focus on are: seeking approaches to problem solving, respecting the rights of others, recognizing and generating rhymes, using standard/non-standard forms of measurement, and participating in a variety of art experiences. Weather permitting, we will have fun outside in the snow. We will talk about the changes the winter season brings and welcome the start of a new year! Some activities planned:

Math  
Penny jar count  
Number Bingo  
Recipe for play dough



Science  
Magnet painting  
Ice painting  
Sand drawing



Literacy  
The Winter Day  
The Mitten  
Antarctic Antics



Creativity  
Paper bag penguins  
Melted snowman  
Craft stick snowflakes



.....  
• One kind word can warm  
• three winter months.  
• Japanese proverb  
• .....



THANK YOU

**THANK YOU** We extend our warmest thanks to all of you who so generously remembered our staff during the holiday season. Our staff feels very fortunate to be surrounded by such generous and thoughtful people. Thanks to everyone!



SIGN-IN PROCEDURE

Our new sign-in system is up and running! Everyone seems to be pleased with the ease of signing in and out. Our great thanks to Qi, Dad of our Toddler Luyao, who designed and installed the entire system! We are very grateful to him. If you need help at any time with the touchscreen, just ask April, Jeannette, or Michele. We have a record of all passcodes and the letter assigned to each group. Thank you for helping us become more "green."

BLOOD DRIVE

Next Blood Drive - 1/11/11 from 2:00pm - 5:00pm  
Before picking your child up on that day, why not make a blood donation? In general, you need to be:

- in good health
- 16 years of age, with no upper age limitations.
- 16-year-old donors must weigh 130 pounds, and present a signed parental permission slip, which can be found under the 16-year-old area of the "Can I Donate" section of the RI Blood Center website.
- 17-year-olds must weigh 110 pounds and are not required to present a signed parental permission slip, unless their particular school requires it.

Most medications do not keep you from donating, nor does:

- A tattoo if it was applied in a licensed establishment by a licensed practitioner and is healed and pain free.
- A heart attack. Most individuals can donate again once fully recovered.
- A breast feeding mother six weeks after an uncomplicated birth.

DATES TO REMEMBER

- Fri, Dec. 31 BK closed to celebrate New Year!
- Sat, Jan.1 Happy New Year!
- Mon, Jan. 3 Kindergarten class resumes
- Mon, Jan. 17 Martin Luther King, Jr. Day  
Breezy Knoll closed



SNOW CANCELLATIONS

Snow days: For center closings due to inclement weather, tune to WJAR TV 10, WPRI TV 12, WLNE TV 6, CW 28, PBS 36 or the Fox stations, OR check their websites: [www.turnto10.com](http://www.turnto10.com), [www.wpri.com](http://www.wpri.com), [www.abc6.com](http://www.abc6.com), [www.cw28tv.com](http://www.cw28tv.com), [www.ripbs.com](http://www.ripbs.com), [www.fox64.com](http://www.fox64.com). A complete list is attached.

CONGRATULATIONS



We are proud to announce that three of our teachers have recently received their CDA credential from the Council for Professional Recognition. The CDA is a national credentialing program which is an intensive assessment of competence in working with young children. Our teachers worked very hard to achieve this credential. Congratulations to Pamela Gordon, Gina Slattery, and Chrystal Washburn!

FUN FAMILY ACTIVITIES—RIELS

Physical Health and Development

While helping you in the kitchen, your child is also developing strength, coordination and control on their fingers and hands:

- \*Peel carrots, cucumbers, and potatoes with a peeler.
- \*Beat eggs and cream with a handheld beater.
- \*Take the shells off peanuts.
- \*Tear lettuce and cabbage.
- \*Stir pancakes and pudding with a large spoon.
- \*Peel oranges, hard-boiled eggs, and bananas.
- \*Wrap potatoes in aluminum foil for baking.
- \*Spread peanut butter on crackers.



FEES

The new increase in fees becomes effective January 3, 2011. A copy of the new fee schedule is attached.

## KINDERGARTEN NEWS



Welcome back to Kindergarten! We wish you all a very Happy New Year!

- \* Progress reports will be sent home at the end of January.
- \* Kindly check Kindergarten board daily for updates and project needs. Thank you!
- \* Please be sure that your child is dressed appropriately for outdoor play and has a change of clothes at school.

### Language Arts

Winter poems  
Rhyming  
Question of the week  
Beginning/ending sounds



### Science/Social Studies

Eskimos/Igloos  
Winter sports  
Water/Snow/Ice  
Martin Luther King, Jr.



### Math

Coin identification  
Telling time  
Addition  
Counting by 2s/5s/10s



### Let's Find Out

"Thumbs up" for kindness  
Where is my mitten?  
Winter festivals  
Winter out my window



### PROPER ATTIRE FOR SNOW DAYS



With the winter season upon us, there will be many snowy days during the school week! We advise you that the children WILL go outside to play every day that the temperature reaches 32 degrees and above, even if there is snow on the ground. This practice is both healthy and fun for them. Proper attire is requested and expected! The outerwear needed includes: coat, snow pants, hat, mittens, and boots. No scarves, please, as they create a hazard for possible injury. Any clothing may be left at Breezy Knoll if it is more convenient for you. We ask that you dress your child with the expectation of outdoor play daily, even in cold weather. Thank you!

### HEALTH TIP OF THE MONTH



From Helping Hands Newsletter; Jennifer McKinnon, RN

It's the season for cold, flu, and stomach illnesses. The Centers for Disease Control states that hand washing is one of the best ways to prevent the spread of illness. Despite our knowledge of its importance, many of us are still not practicing hand washing as we should be.

Children in child care are at an increased risk of getting ill. It is important that both adults and children practice good hand washing. Make it fun for your child by using scented soap and singing songs, such as, "This is the Way We Wash Our Hands."

### BREEZY KNOLL AUTHOR

We have great news about a former Breezy Knoll staff person! Kim Pizzarelli has written a children's book entitled Jessica Pickle, illustrated by Bill Gallagher. It is now available at [www.publishamerica.net/product119462.html](http://www.publishamerica.net/product119462.html).

The book is also available in all local bookstores, including Barnes & Noble, and Borders Books. Kim and Bill plan to visit Breezy Knoll for a book reading and signing on January 25, 2011. We are so proud of Kim and wish her much success with her book. What an accomplishment!



### NUTRITION TIP

Parents often worry that their young children don't eat enough. Some children seem to be naturally finicky. Others are simply overwhelmed by the amount of food placed on their plates. Allowing children to serve themselves encourages them to eat larger portions of a variety of foods. When children get to control their choices and the amount of food they take, mealtime becomes more enjoyable for them and you. Participation in meal preparation also encourages children to feel that they are a part of the family process of mealtime. A family meal can be a time of conversation and relaxation or a time of frustration and anger. By offering children smaller amounts, opportunity to help prepare food, and the chance to serve themselves, we can provide a calmer family time for all.



### TODDLER NEWS

It's hard to believe that a new year is beginning! We would like to wish all of our families a very healthy and happy new year!

The month of January will focus on the season of winter and snow. The children will pretend to be bears hibernating from the cold. We will talk about the changes that the cold weather brings, and hopefully, have lots of fun in the snow. We look forward to a fun-filled January!



A few reminders: Please remember that we go outside daily when the temperature is at least 32 degrees. Your child needs a hat, mittens, snow pants, and boots, all labeled with name. Also, please supply an extra set of clothes to keep at the center in case of wet or soiled clothing. Please wash quiet time items and snow clothes weekly. Kindly check our lost and found area for misplaced items.

### SPARE CLOTHING



PLEASE BE SURE THAT YOUR CHILD HAS A COMPLETE SET OF EXTRA CLOTHES TO BE KEPT AT BREEZY KNOLL IN CASE OF ACCIDENTS. THANK YOU!



### Optional Lunch Milk/Juice Money

If you would like Breezy Knoll to serve milk/juice to your child at lunch time, please enclose 25 cents for each day of the month your child will receive milk/juice. Please place money in an envelope and drop in tuition mailbox.

Child's Name \_\_\_\_\_

Milk/Juice money enclosed for month of: (circle one)

Jan   Feb   Mar   Apr   May   Jun   Jul   Aug   Sep   Oct   Nov   Dec

Amount enclosed \$ \_\_\_\_\_



# SONGS AND FINGERPLAYS

## Dressing For Winter



This is how we dress on a cold winter's day.  
We put on our snowsuits to go out to play.  
Then we put on our boots to walk in the snow.  
Next, our hats and our mittens  
'Cause the wind begins to blow.  
And now we're all ready to go out to play.  
We'll stay nice and warm on this cold winter's

## Time to Migrate

(tune: London Bridge)



Geese are honking, "Let's fly south."  
Let's fly south. Honk, honk, honk!"  
Geese are honking, "Let's fly south."  
Time to migrate.  
Ducks are quacking, "Let's fly south."  
Let's fly south. Quack, quack, quack!"  
Ducks are quacking, "Let's fly south."  
Time to migrate!

## Right and Left

This is my right hand.  
I'll raise it up high.  
This is my left hand.  
I'll touch the sky.  
Right hand, left hand,  
Roll them around.  
Left hand, right hand,  
Pound, pound, pound!



## A-Sledding We Will Go

(tune: Farmer in the Dell)  
Oh, a-sledding we will go  
A-sledding we will go.  
We'll run and slide.  
Down the hill we'll glide.

## Chubby Little Snowman

A chubby little snowman  
Had a carrot nose.  
Along came a bunny and  
What do you suppose?  
That hungry little bunny  
Looking for some lunch  
Ate that little snowman's nose  
Nibble, nibble, CRUNCH!



## Freedom

Freedom, freedom, let it ring  
"Let it ring," said Dr. King.  
Let us live in harmony.  
Peace and love for you and me.  
Freedom, freedom, let it ring.



## A Blanket of Snow

The snow fell softly all the night.  
It made a blanket soft and white.  
It covered houses, flowers, and ground.  
But did not make a single sound.

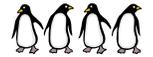


## Wiggles

I wiggle my fingers.  
I wiggle my toes.  
I wiggle my shoulders.  
I wiggle my nose.  
Now no more wiggles  
are left in me.  
So I'm as still as I can be.



## Penguin Play



(tune: A-Tisket, A-Tasket)  
Waddle! Waddle!  
Penguins like to waddle.  
They have wings, but they don't fly.  
Penguins only waddle.  
Swimming, swimming!  
Penguins all love swimming.  
They catch food and swim all day.  
Penguins all love swimming.  
Sliding, sliding!  
Penguins all love sliding.  
They slide on ice and snow all day.  
Penguins all go sliding!

## Snowflakes Falling Down

(tune: London Bridge)  
Small snowflakes are falling down,  
Falling down, falling down.  
Small snowflakes are falling down.  
Let's build a snowman.  
Roll some flakes up in three balls,  
In three balls, in three balls.  
Roll some flakes up in three balls.  
Let's build a snowman.  
Take the balls and stack them up,  
Stack them up, stack them up.  
Take the balls and stack them up.  
We're building a snowman!

## KIDS QUOTES

An oldie but a goodie:



The Kindergarten class was discussing the topic of birds flying south for the winter. The question asked was "Why do you think the birds fly in a V formation?" One child replied, "Because V is for vacation!"

## THIN ICE ISN'T ALWAYS OBVIOUS

When it comes to frozen bodies of water, you can never be too careful!

To keep your children safe, teach them:

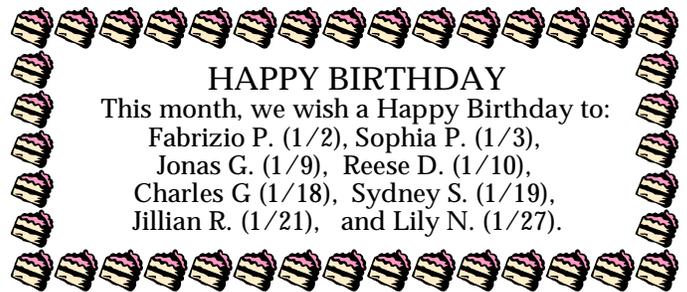
- \* Never use ice for a shortcut.
- \* Never skate alone or without asking your permission first.
- \* Never skate on ice that has not been tested by the Fire or Recreation Department.
- \* Never go out on the ice to help another child or animal.  
Get help!

The only safe ice is at an ice skating rink.

For more information on ice safety and a listing of skating rinks, contact:

State Park Ice Information Line  
Division of Parks & Recreation  
2321 Hartford Avenue

Johnston, RI 02919  
401-222-2632



## HAPPY BIRTHDAY

This month, we wish a Happy Birthday to:  
Fabrizio P. (1/2), Sophia P. (1/3),  
Jonas G. (1/9), Reese D. (1/10),  
Charles G (1/18), Sydney S. (1/19),  
Jillian R. (1/21), and Lily N. (1/27).

## HEALTHY SNACKS SUGGESTIONS

- |                     |                              |
|---------------------|------------------------------|
| Fresh fruit         | Jell-o cups/ Jell-o jigglers |
| Fruit with dip      | Yogurt                       |
| Vegetables with dip | Pudding cups                 |
| Cheese/crackers     | Granola/Granola bar          |
| Graham crackers     | Bagel with a spread          |
| Animal crackers     | Mini muffins                 |
| Applesauce          | Cheerios                     |



## RIDDLE OF THE MONTH

- Q: Where did the snowman go to dance?  
A: To the snowball!

RHODE ISLAND BROADCASTERS ASSOCIATION  
INCLEMENT WEATHER CANCELATION PROGRAM

TELEVISION STATIONS

|                   |  |
|-------------------|--|
| WLNE-TV/ABC 6     | ( <a href="http://www.abc6.com">www.abc6.com</a> )         |
| WJAR-TV/NBC 10    | ( <a href="http://www.turnto10.com">www.turnto10.com</a> ) |
| WPRI-TV/CBS 12    | ( <a href="http://www.wpri.com">www.wpri.com</a> )         |
| CW 28             | ( <a href="http://www.cw28tv.com">www.cw28tv.com</a> )     |
| RI PBS/Channel 36 | ( <a href="http://www.ripbs.org">www.ripbs.org</a> )       |
| WNAC-FOX          | ( <a href="http://www.fox64.com">www.fox64.com</a> )       |

RADIO STATIONS

FM DIAL:

|            |  |
|------------|--|
| 92.3 WPRO  | ( <a href="http://www.92profm.com">www.92profm.com</a> )                   |
| 93.3 WSNE  | ( <a href="http://www.wsne.com">www.wsne.com</a> )                         |
| 94.1 WHJY  | ( <a href="http://www.whjy.com">www.whjy.com</a> )                         |
| 95.5 WBRU  | ( <a href="http://www.wbru.com">www.wbru.com</a> )                         |
| 98.1 WCTK  | ( <a href="http://www.wctk.com">www.wctk.com</a> )                         |
| 99.7 WSKO  | ( <a href="http://www.scoreamfm.com">www.scoreamfm.com</a> )               |
| 100.3 WKKB | ( <a href="http://www.latina1003.com">www.latina1003.com</a> )             |
| 101.5 WWBB | ( <a href="http://www.b101.com">www.b101.com</a> )                         |
| 102.7 JAZZ | ( <a href="http://www.festivaljazz1027.com">www.festivaljazz1027.com</a> ) |
| 105.1 WWLI | ( <a href="http://www.litrock105fm.com">www.litrock105fm.com</a> )         |
| 106.3 WWKX | ( <a href="http://www.hot1063.com">www.hot1063.com</a> )                   |
| 1450 WLKW  | ( <a href="http://www.wnbh.com">www.wnbh.com</a> )                         |

AM DIAL:

|           |  |
|-----------|--|
| 1590 WARV | ( <a href="http://www.warv.net">www.warv.net</a> )               |
| 630 WPRO  | ( <a href="http://www.630wpro.com">www.630wpro.com</a> )         |
| 790 WSKO  | ( <a href="http://www.scoreamfm.com">www.scoreamfm.com</a> )     |
| 920 WHJJ  | ( <a href="http://www.whjjam.com">www.whjjam.com</a> )           |
| 1110 WPMZ | ( <a href="http://www.poder1110.com">www.poder1110.com</a> )     |
| 1180 WCNX | ( <a href="http://www.wcnx1180.com">www.wcnx1180.com</a> )       |
| 1240 WOON | ( <a href="http://www.onworldwide.com">www.onworldwide.com</a> ) |
| 1290 WRNI | ( <a href="http://www.wrni.org">www.wrni.org</a> )               |
| 1540 WADK | ( <a href="http://www.wadk.com">www.wadk.com</a> )               |
| 1590 WARV | ( <a href="http://www.warv.net">www.warv.net</a> )               |

If you choose, you can register to be personally notified on your home or cell phone, PDA or email address. The simple registration form is available on the websites of participating radio and television stations.

**Breezy Knoll Child Care Center**  
**311 Stillwater Road**  
**Smithfield, Rhode Island 02917**  
**(401) 232-7177**

**Rates Effective January 3, 2011**

**Registration Fee:** A \$75.00 Registration Fee is due at the time of registration. If your child is withdrawn from the program at any time and re-enrolls during the same year, the registration fee will be re-charged. This fee is separate from the tuition fee and is non-refundable. Note: Children not yet toilet trained will pay the 18-36 month fees. Breezy Knoll staff will be accountable for determining when a child is toilet trained. Please refer to the Parent Handbook for details of our Toilet Training Policy.

**PROGRAM TUITION FEES PER WEEK:**

| Full Days | 18 to 36 Months | 3 to 5 Years | Breezy Knoll                |
|-----------|-----------------|--------------|-----------------------------|
|           | Toddler         | Pre School   | Full Day Kindergarten Prog. |
| Two       | 127.00          | 113.00       | \$216.00 current year       |
| Three     | 174.00          | 153.00       | Class of 2011-2012:         |
| Four      | 200.00          | 180.00       | To be determined            |
| Five      | 222.00          | 194.00       |                             |
| Half Days |                 | 3 to 5 Years | Half Day Kindergarten Prog. |
| Two       | N/A             | 83.00        | \$165.00 current year       |
| Three     | N/A             | 112.00       | Class of 2011-2012:         |
| Four      | N/A             | 135.00       | To be determined            |
| Five      | N/A             | 149.00       |                             |

Half Days Note: half day equals 4 hours and pick up must be by 12:15 pm. Any time exceeding 4 hours will be billed at a full time rate. Special arrangements must be made for afternoon half day placements.

**BEFORE AND AFTER SCHOOL PROGRAM**

|  |                  | School Age Vacation Fees    |        |
|--|------------------|-----------------------------|--------|
| Before School                                      | \$64.00 Per Week | Weeks in Dec., Feb., & Apr. |        |
| After School                                       | \$78.00 Per Week | Summer Camp                 |        |
| Before and After                                   | \$88.00 Per Week | Weeks in June, July & Aug.  |        |
|  |                  | Two days                    | 109.00 |
|  |                  | Three days                  | 146.00 |
|  |                  | Four days                   | 176.00 |
|  |                  | Five days                   | 193.00 |
| <b>EXTRA DAY FEE FOR SCHOOL AGE: \$36.00 Extra</b> |                  |                             |        |

**Public Kindergarten Program:** drop off from La Perche School, Smithfield, or parent drop off at 12:00pm will be billed at the half day rate of \$149.00 per wk. \*Note: **EXTRA DAY FEES** are to be added if your child attends on a closed (public) school day due to inclement weather (snow day) or other reasons.

**HOURS:** Breezy Knoll will be open for drop off at **7:00 A.M.** and will close for the day at **5:30 P.M.** Any child picked up after **12:15pm (half day) or 5:30pm (full day)** will incur an extra charge of **\$10.00 per child PER 15 MINUTE INCREMENT** (see *Parent Handbook*). The Half Day Program equals 4 hours. Any placement exceeding this time will be billed at a full time rate.

**PAYMENT:** All weekly payments are due on the **first day** of the week that the child attends. Please understand that you will be making a commitment to us, and we in turn, will be making a commitment to our staff. It is, therefore, important that weekly payments be made on time. Payments can also be made bi-monthly and/or monthly. You are responsible for the time that you have registered your child (School Age included), which includes illness or personal vacation. Please note that fees paid reserve and pay for your child's enrollment in our center. Reimbursement will not be made when your child is picked up early, or is absent due to vacation, holidays, illness, snow days, personal, or any other reasons. There will be **NO** switching or exchanging days missed due to absenteeism. Please make checks payable to **Breezy Knoll Child Care Center**. For your tax purposes Breezy Knoll's identification number is **EIN #05 044 0033**. Weekly, monthly, or annual receipts are available upon request. Kindly submit request with your child's tuition.

**LATE FEES AND SERVICE CHARGES:** Payments that run more than **FIVE** days past due will incur a **\$10.00 LATE FEE** charge. Accounts two weeks in arrears will be cause for termination of service to your child. Any checks returned to us for non-payment or insufficient funds will incur a **\$35.00 SERVICE CHARGE FEE**. Continual problems without contact from you will be cause for dismissal.

**DAYS THE CENTER WILL BE CLOSED:** Labor Day; Columbus Day; Veterans' Day; Thanksgiving and Friday following; Christmas Eve Day (closing at 12:00 PM), Christmas Day, New Year's Eve Day (closing at 3:00 PM); New Year's Day, Martin Luther King Day; Presidents' Day; Good Friday (for staff development); Memorial Day, July 4<sup>th</sup> and Victory Day. On Friday, August 26, 2011, the center will be closed to prepare for the new school year. Tuition payment remains the same.