

SONGS AND FINGERPLAYS

Dressing For Winter



This is how we dress on a cold winter's day.
 We put on our snowsuits to go out to play.
 Then we put on our boots to walk in the snow.
 Next, our hats and our mittens
 'Cause the wind begins to blow.
 And now we're all ready to go out to play.
 We'll stay nice and warm on this cold winter's day.

Chubby Little Snowman



A chubby little snowman
 Had a carrot nose.
 Along came a bunny and
 What do you suppose?
 That hungry little bunny
 Looking for some lunch
 Ate that little snowman's nose
 Nibble, nibble, CRUNCH!

Penguin Play



(tune: A-Tisket, A-Tasket)
 Waddle! Waddle!
 Penguins like to waddle.
 They have wings, but they don't fly.
 Penguins only waddle.
 Swimming, swimming!
 Penguins all love swimming.
 They catch food and swim all day.
 Penguins all love swimming.
 Sliding, sliding!
 Penguins all love sliding.
 They slide on ice and snow all day.
 Penguins all go sliding!

Time to Migrate



(tune: London Bridge)
 Geese are honking, "Let's fly south."
 Let's fly south. Honk, honk, honk!"
 Geese are honking, "Let's fly south."
 Time to migrate.
 Ducks are quacking, "Let's fly south."
 Let's fly south. Quack, quack, quack!"
 Ducks are quacking, "Let's fly south."
 Time to migrate!

Freedom



Freedom, freedom, let it ring
 "Let it ring," said Dr. King.
 Let us live in harmony.
 Peace and love for you and me.
 Freedom, freedom, let it ring.

A Blanket of Snow



The snow fell softly all the night.
 It made a blanket soft and white.
 It covered houses, flowers, and ground.
 But did not make a single sound.

Right and Left



This is my right hand.
 I'll raise it up high.
 This is my left hand.
 I'll touch the sky.
 Right hand, left hand,
 Roll them around.
 Left hand, right hand,
 Pound, pound, pound!

A-Sledding We Will Go

(tune: Farmer in the Dell)
 Oh, a-sledding we will go
 A-sledding we will go.
 We'll run and slide.
 Down the hill we'll glide.

Wiggles



I wiggle my fingers.
 I wiggle my toes.
 I wiggle my shoulders.
 I wiggle my nose.
 Now no more wiggles
 are left in me.
 So I'm as still as I can be.

THIN ICE ISN'T ALWAYS OBVIOUS

When it comes to frozen bodies of water, you can never be too careful!

To keep your children safe, teach them:

- * **Never** use ice for a shortcut.
- * **Never** skate alone or without asking your permission first.
- * **Never** skate on ice that has not been tested by the Fire or Recreation Department.
- * **Never** go out on the ice to help another child or animal. **Get help!**

The only safe ice is at an ice skating rink.

For information on ice safety, visit the website
<http://www.riparks.com/IceSafety.html>
 Or call 401-222-2632



HAPPY BIRTHDAY

This month, we wish a **Happy Birthday** to:
 Samantha F. (1/5), Jonas G. (1/9),
 Ava B. (1/13), Lucas C. (1/19),
 Ellen B. (1/22), and Lily G. (1/27).

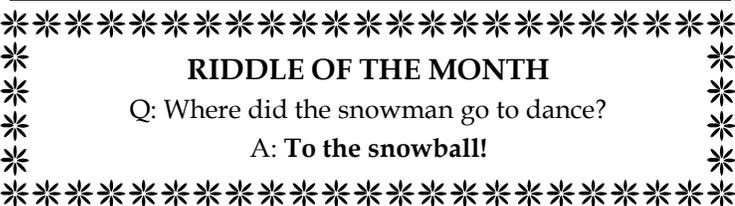


HEALTHY SNACKS SUGGESTIONS

- | | |
|---------------------|------------------------------|
| Fresh fruit | Jell-o cups/ Jell-o-jigglers |
| Fruit with dip | Yogurt |
| Vegetables with dip | Pudding cups |
| Cheese/crackers | Granola/Granola bar |
| Graham crackers | Bagel with a spread |
| Animal crackers | Mini muffins |



You will always be
 Your child's favorite toy.
 Vicky Lasky



RIDDLE OF THE MONTH

Q: Where did the snowman go to dance?

A: To the snowball!



Reading books aloud is one of the best ways you can help your child learn to read. This can be fun for you, too. The more excitement you show when you read a book, the more your child will enjoy it. The most important thing to remember is to let your child set her own pace and have fun at whatever she is doing. Do the following when reading to your child:

- *Run your finger under the words as you read to show your child that the print carries the story.
- *Use funny voices and animal noises. Do not be afraid to ham it up! This will help your child get excited about the story.
- *Stop to look at the pictures; ask your child to name things she sees in the pictures. Talk about how the pictures relate to the story.
- *Invite your child to join in whenever there is a repeated phrase in the text.
- *Show your child how events in the book are similar to events in your child's life.
- *If your child asks a question, stop and answer it. The book may help your child express her thoughts and solve her own problems.

RI BROADCASTERS ASSOCIATION INCLEMENT WEATHER CANCELLATION PROGRAM

TELEVISION STATIONS

WLNE-TV/ABC 6	(www.abc6.com)
WJAR-TV/NBC 10	(www.turnto10.com)
WPRI-TV/CBS 12	(www.wpri.com)
CW 28	(www.cw28tv.com)
RI PBS/Channel 36	(www.ripbs.org)
WNAC-FOX	(www.fox64.com)

RADIO STATIONS

FM DIAL:

- 92.3 WPRO (www.92profm.com)
- 93.3 WSNE (www.wsne.com)
- 94.1 WHJY (www.whjy.com)
- 95.5 WBRU (www.wbru.com)
- 98.1 WCTK (www.wctk.com)
- 99.7 WSKO (www.scoreamfm.com)
- 100.3 WKKB (www.latina1003.com)
- 101.5 WWBB (www.b101.com)
- 102.7 JAZZ (www.festivaljazz1027.com)
- 105.1 WWLI (www.litrock105fm.com)
- 106.3 WWKX (www.hot1063.com)
- 1450 WLKW (www.wnbh.com)

AM DIAL:

- 1590 WARV (www.warv.net)
- 630 WPRO (www.630wpro.com)
- 790 WSKO (www.scoreamfm.com)
- 920 WHJJ (www.whjjam.com)
- 1110 WPMZ (www.poder1110.com)
- 1180 WCNX (www.wcnx1180.com)
- 1240 WOON (www.onworldwide.com)
- 1290 WRNI (www.wrni.org)
- 1540 WADK (www.wadk.com)
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If you choose, you can register to be personally notified on your home or cell phone, PDA or email address. The simple registration form is available on the websites of participating radio and television stations.