



Breezy Knoll Child Care Center
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..... **JULY 2012 NEWSLETTER**

WELCOME



We would like to wish a warm welcome to our new friends who have joined us for the summer! We are happy that you are part of the Breezy Knoll family and hope you will enjoy the activities planned.

PRESCHOOL NEWS

We will be spending a good deal of time getting wet outside! Our teachers have planned some fun activities as the children explore the topics of pond life and the ocean. Fun topics like picnics and ice cream will also keep us in the summer spirit! We wish a happy summer to everyone!



TODDLER NEWS

Summer is here, and we welcome the warm weather! We hope you are enjoying this time with your families. We would like to remind you that we will be playing in water very often, so please bring in a swim suit, towel and water shoes, labeled with your child's name. Extra diapers will be needed in the summer months due to increased water play. "Little Swimmers" diapers also work well. Thank you for replenishing the diaper supply more often!



REMINDERS

- * We ask that you bring in for your child a bathing suit, towel, and a change of clothes, suitable for the weather. **PLEASE LABEL ALL WITH YOUR CHILD'S NAME!**
- * **Please note that Breezy Knoll will be closed Wednesday, July 4, to celebrate the holiday.**
- * We suggest that, during outdoor water play, your child wears water shoes. They offer protection from slipping with wet feet and walking on wood chips.
- * **Please remember to apply sunscreen and/or insect repellent to your child before arriving.**



LET'S GO OUTSIDE

Children love to play outside! Teachers love outdoor time, too. It's a relaxing part of the day and also a time when much learning takes place.



Physical development is evident outdoors as children learn about their bodies in space, practice important physical skills, and exercise and strengthen muscles. They also learn about the world around them as they observe changes in plants and the differences in the seasons. They watch living things, such as worms and crickets, and they learn about the earth as they collect rocks and leaves.

The outdoor environment is an extension of the classroom. The climbing equipment helps children develop judgment about what they can safely do. The sandbox is used to create mountains and castles and to explore the properties of dry and wet sand.

SUMMER TIPS *from RI Early Childhood Newsletter*

Avoid using scented soaps, perfumes, or hair sprays on your children, as they can attract insects. Brightly colored and flowery printed clothing are also attractive to insects.



HEALTH TIP OF THE MONTH *from Health Care Magazine*

Take a picnic basket, plenty of food, add a blanket, and you've got yourself the makings for a picnic. Why not take advantage of the warm summer weather and plan a fun day at your favorite local park? Before you pack, here are some quick pointers on food safety: **Keep everything clean.** Wash hands thoroughly before and after handling food. If there's no soap and water at your destination, bring it with you for cleaning. You can bring wet, disposable cloths or moist towelettes. **Keep hot food hot and cold food cold.** Most bacteria do not grow rapidly at temperatures below 40 deg. or above 140 deg. Keeping food at an unsafe temperature is a prime cause of food borne illness. Don't leave food out of the cooler or off the grill for more than two hours if the temperature is 90 deg. or above. **If you bring hot take-out food, eat it within two hours of purchase.** If you pack cold foods, be sure to use an insulated cooler packed with plenty of ice or gel packs. **Cool the cooler.** Trunks are good for luggage, but not for perishable food. Keep the cooler inside your air-conditioned car to avoid food spoilage. **Keep drinks separate.** Instead of constantly opening the cooler with perishable foods to grab drinks, bring a smaller cooler for beverages. **Cook just enough.** Cook only the amount of food that will be eaten. Discard any leftovers that have not remained sufficiently cold.



SONGS AND FINGERPLAYS

The Zoo's the Place to Be

The zoo's the place to be,
If ever you want to see
A (lion) family,
So come along with me!



To the zoo! (clap, clap)
To the zoo! (clap, clap)
To the zoo. To the zoo. To the zoo!
(clap, clap)

Insert other animal names in bracket.

Watermelon Chant

First you take a seed and you
plant it, plant it.
Then, you see a sprout and you
water it, water it.
Then, you see a vine and you
watch it, watch it.
Then, you see a watermelon
and you pick it, pick it.
Then, you slice it up and you
eat it, eat it.
If you find a seed, then you
plant it, plant it.
And start all over again!

Adapted Traditional



Summertime Song

(tune: Mary Had a Little
Lamb)

Summer is the time to (play)
Time to (play), time to (play)
Summer is the time to (play)

Enjoy those sunny
days!



Other words for brackets:
Sand, sandcastles, seagull, etc.



A Beach Song

(Tune: The Farmer in the Dell)
I'm going to the beach.
I'm going to the beach.
I think I'll see a (lifeguard) there.
I'm going to the beach.

The Animal Fair

I went to the animal fair.
The animals all were there.
The old baboon by the light of the moon
Was combing his auburn hair.
The monkey sure was spunk.
He climbed up the elephant's trunk.
The elephant sneezed and fell to his knees,
And that was the end of the
monk, the monk, the monk.



Hooray for Safe Water Play

(Tune: Hickory, Dickory, Dock)

Hip, hip, hip, hooray-
For fun and safe water play.
These are the rules
we learn in school.
We promise to obey!

Swim with a buddy or pal.
Make sure that a grown-up's around
Don't push or run.
Protect from the sun.
The water's a fun playground!



Building Sand Castles

(tune: Row, Row, Row Your Boat)

Dig, dig, in the sand.
Pile it way up high.
Build a castle; make it tall,
Right up to the sky.
Splash, splash, comes a wave
And flattens out the sand.
Another castle must be built
And I will lend a hand!



PARENT TIPS

The library is a great place to escape the summer heat! Look for additional resources in the children's rooms, including records, tapes, videos, games, puzzles and computers! Most libraries offer story hours and often have special attractions. The summer reading programs are great incentives to encourage your child to read! Read books together every day. Talk about the stories and the pictures. Ask your child, "What would happen if...?" questions. Help your child take out new books with his/ her own library card. One way to instill a love of reading in children is to allow them to choose books that are of interest to them. The library is a perfect place to offer many choices!



LEARN THROUGH PLAY

from Scholastic Pre-K Today - FUN WATER PLAY ACTIVITIES

It's not magic - It's science!

*Talk about how temperatures can change things. Pour juice into an ice-cube tray and put it in the freezer. Peek at it every once in a while to see how long it takes to turn into a solid, then enjoy a chilly snack together. Place a juice cube in a bowl and see how long it takes to turn to a liquid. Which was faster?



*Enjoy a family concert. Give each person several glasses filled with different levels of water. Take some time to tap the sides with spoons and experiment with different sounds. Then together, create a delightful tune.

*Together, gather household objects and toys, such as ice cubes, styrofoam, aluminum foil, paper towels, a bar of soap, a rock, etc. Invite your child to guess which ones will sink and which will float. Test out your predictions!

OPTIONAL LUNCH MILK/JUICE MONEY

If you would like Breezy Knoll to serve milk/juice to your child at lunchtime, please enclose 25 cents for each day of the month your child will receive milk/juice. Please place money in an envelope and drop in tuition mailbox. Thank you.

Child's Name _____ Amount enclosed: _____

Milk/juice money enclosed for month of (please circle):

Jan Feb Mar Apr May June July Aug Sept Oct Nov Dec

